Safe Secure BENEFITS OF NURSING YOUR TODDLER

Immunological Protection

The immunities in your breast milk have been shown to increase in concentration as your toddler gets older and nurses less; therefore your toddler still receives lots of immunity factors. You can also feel certain that your toddler is getting many the nutrients they need with every nursing session.

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Baby-led Weaning

Allowing your child to wean at their



Your toddler will enjoy nursing for comfort, to reconnect, or to help them calm down if they are stressed about something. Also it will help them go to sleep making bedtime much easier. Nursing your toddler also encourages independence letting him/her know that you will always be there.



own pace is an expression of trust. Letting a toddler wean when it is the developmentally right time for that child, contributes to selfesteem. They will let you know when they are ready to stop.



Tandem Nursing

Provides security reassurance to both your toddler and the newborn. Your children will feel more connected with each other as they experience tandem nursing. Tandem nursing not only teaches your children sharing and cooperation but it is also a big time saver for you.

